

Vision Source

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DRY EYE TREATMENT PROTOCOL

WHAT IS DRY EYE

Dry eye is a very complex condition, for which there is no cure. Symptoms vary widely from patient to patient, but often include redness, burning, itching, tearing, light sensitivity, and pain. With a success of the treatment is very dependent on your willingness to be consistent with the recommended treatment.



TREATMENT OPTIONS

- ☐ Drink more water
- ☐ IV Hydration Therapy
- ☐ Supplements- Coromega, Fish oil, Omega-3
- ☐ Warm compress
- ☐ Oil Gland Treatment
- ☐ Lid Hygiene
- ☐ Artificial Tears/ Gel
- ☐ Lotemax/ Alrex/ FML
- ☐ Restasis (rx) or Xiidra (rx)
- ☐ Doxycycline
- ☐ Punctal Occlusion
- ☐ Amniotic Membrane
- ☐ Contact Lens Modification